



Elephant Tales **March 2017**

“Make It A Great Year To Be A Republican!”



Susan Allen Republican Women's Club
P.O. Box 803
Locust Grove, VA 22508

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Web site: nfrw.org

Call Board member for passwords.

VFRW Information

Web site: vfrw.org

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Call Board member for passwords.

SARWC March Luncheon

Our March luncheon will be held on Wednesday, March 29th in the LOW Clubhouse. Sign-in and social time begin at 11:30 a.m. with lunch at Noon. Senator Bryce Reeves, our 17th District Senator, will give us a rundown on the Virginia Senate Session that was just completed.

Senator Reeves is one of the candidates for Lt. Governor. He is a small business owner, former Prince William County Vice-Narcotics Detective, and U.S. Army Veteran, where he served as an Army Ranger. He also served as Chairman of the Spotsylvania Republican Committee. Now he is Chairman of the Senate Standing Committee on Rehabilitation and Social Services. Recently he received the NRA Defender of Freedom Award. He is married with two children.

In addition, we will be visited by Chuck Smith, one of the candidates for Attorney General. He is a retired U.S. Marine and Navy JAG Commander. Chuck held the position of Special Assistant U.S. Attorney. He has been practicing law for 36 years and has participated in many political and community activities. He is married with five children.

The menu is Salad, Ham, Honey Glazed Carrots, Au Gratin Potatoes, Rolls & Butter, Beverage and Lime Sherbet. Reservations are absolutely required. Call Toni Ruther at 972-0295 by Friday, March 24th, for a reservation **or cancellation** then send your check for \$21.00 to P.O. Box 803, Locust Grove, VA 22508.

Remember that a reservation is a commitment to pay for the lunch whether or not you attend. We order the number of meals for the clubhouse to prepare, according to the number of reservations. SARWC pays for the amount ordered. It is pretty simple, so please help us out! We just want everyone to come and enjoy a great meal.

This newsletter is published for the members and Associates of the Susan Allen Republican Women's Club. For more information, contact an Officer

Editor: Lee Merrell 412-6800

Special Meals Available

If you have special dietary restrictions, please indicate that with a note when you send in your check for the meal at the meetings. Joey and her staff are usually able to find a suitable substitution for the planned menu selections.

President's Message

Make Your Voice Heard

Every time I turn on the TV it seems that President Trump has made good on another one of his campaign promises. He has made so much progress in the few weeks that have passed! No wonder the Democrats are in such disarray, kicking and screaming when policy changes affect their power structure. Unfortunately, the political atmosphere in this country is explosive!

There are groups forming to resist and obstruct everything that our Republican administrations are trying to do. Because they are trying so hard to obstruct, we must stay organized and supportive of the actions of our representatives. We have worked too hard to lose momentum now.

We can do this in many ways. Attend political meetings or events. Drop a note of encouragement to Congressman Brat, Senator Reeves or Delegate Freitas. Send the note on page 5 to President Trump on March 15th. You can even add a private note. Put a positive comment on Facebook about Reeves, Freitas, Brat or Trump. Write supportive editorials to local newspapers. Let your voice be heard over the din of all the disrupters.

The resistance movement, largely sponsored by moveon.org, should encourage you to counter their destructive intentions by doing POSITIVE things. We have a Virginia primary on Tuesday, June 13th. Get informed about the candidates and VOTE! Turn out in big numbers to show the naysayers of the last election that YES, we are still here and stand by the *Republican Creed*.

After the primary, we will have many opportunities for you to do "something" to help. Fill out the volunteer portion of the 2017 Membership Form and send in your check today!

Connie Buttimer, President

The Republican Party of Virginia Creed

We Believe:

- *That the free enterprise system is the most productive supplier of human needs and economic justice;*
- *That all individuals are entitled to equal rights, justice and opportunities and should assume their responsibilities as citizens in a free society;*
- *That fiscal responsibility and budgetary restraints must be exercised at all levels of government;*
- *That the Federal Government must preserve individual liberty by observing Constitutional limitations;*
- *That peace is best preserved through a strong national defense;*
- *That faith in God, as recognized by our Founding Fathers is essential to the moral fiber of the Nation.*

Have You Joined for 2017?

Trump won! WOW! Now let's turn Virginia RED. The first step is to vote in the June Primary. The Susan Allen Republican Women's Club will keep you informed about Republican candidates running for Governor, Lt. Governor and Attorney General. Be an informed voter. Several of the candidates will be speakers at our general meetings.

SARWC is also working with Culpeper and Madison Counties to have a combined candidate's forum. These events give you the chance to meet the candidates and ask questions.

Sadly the Club has been warned that protesters may invade our meetings when the candidates or our elected officials are present. Therefore, it is important that you make a reservation so we will know who is coming.

Email and the SARWC newsletters will keep you informed. Have you sent in your SARWC membership dues? Future newsletters will be sent to members only. Annual dues are still \$20 and Associate members \$10. Mail your dues today and membership application with boxes checked where you can help to SARWC, P.O. Box 803, Locust Grove, VA 22508.

WE NEED YOU!

Brenda Rogers, 2nd VP for Membership

We Care!

A beautiful flower arrangement was sent to the funeral service of Carolyn Wray, a past president of the SARWC, and several members of the Executive Committee were in attendance. Cards continue to be sent to SARWC members who are hospitalized or recovering from an illness.

Cheryl Brown, Corresponding Secretary

Calling All Members

SARWC uses a telephone tree to communicate with members on matters of importance that they may have missed or to remind them of our meetings and events. Volunteers contact a list of between eight and ten members when necessary, usually once a month or less. If you would like to lend a helping hand, please contact Mary Ann at 540-412-2747 or claude@sonic.net.

Digital Directory Planned

The SARWC Board has decided to send out the Club Directory by email this year. We will also have a few copies available for those who do not use a computer. If we send it out by email, we can add more information such as the Bylaws and Standing Rules and not have to pay more for adding pages. Another nice feature is that if you click on the email address of other members, you can send an email or add their address to your personal email list. You can also send out an email to officials listed in the Directory. If necessary, we can send you additions later in the year if we get new information or several new members.

Meet the Candidates

SARWC is joining with several area Republican Groups to sponsor a Candidate Forum on Sunday, April 30th at the Old House Vineyards Pavilion from 3-6 p.m. All the candidates in the June Primary will be invited. There will be time to socialize with the candidates and an opportunity for each candidate to give their "stump speech". Wine will be available to purchase and food from Brewsters to purchase. Please let us know if you would like to help. Plan to attend this event!

Republican Candidates

Governor:

Ed Gillespie, Richmond
Chairman Corey Stewart, Prince William County
Senator Frank Wagner, Virginia Beach
Denver Riggleman, Afton

Lt. Governor:

Delegate Glenn Davis, Virginia Beach
Senator Bryce Reeves, Spotsylvania
Senator Jill Vogel, Winchester

Attorney General

John Adams, Richmond
Chuck Smith, Virginia Beach

Statements that Scare the Left

Here are a few of President Trump's statements that were applauded by most Americans, except for the most bitter leftists.

"The people turned out by the tens of millions, and they were all united by one very simple, but crucial demand: that America must put its own citizens first. Because only then can we truly make America great again."

"We've defended the borders of other nations, while leaving our own borders wide open, for anyone to cross -- and for drugs to pour in at a now unprecedented rate."

"We want all Americans to succeed -- but that can't happen in an environment of lawless chaos. We must restore integrity and the rule of law to our borders. For that reason, we will soon begin the construction of a great wall along our southern border."

"Our obligation is to serve, protect, and defend the citizens of the United States. We are also taking strong measures to protect our Nation from Radical Islamic Terrorism."

"Those given the high honor of admission to the United States should support this country and love its people and its values."

"My job is not to represent the world. My job is to represent the United States of America."

"Police and sheriffs are members of our community. They are friends and neighbors, they are mothers and fathers, sons and daughters -- and they leave behind loved ones every day who worry whether or not they'll come home safe and sound. We must support the incredible men and women of law enforcement."

—*Excerpt from Gary Bauer, American Values*

No Honeymoon for President Trump

A new American President is always a big story, but TV news is obsessed with the Trump administration — and not in a good way.

In the first 30 days (January 20 to February 18), our analysts determined that the President and his team were the subject of 16 hours of coverage on just the Big Three evening newscasts. This equates to more than half (54%) of all of the news coverage during this period.

While most new presidents enjoy a media honeymoon, the tone of Trump's coverage was nearly as hostile (88% negative) as we found during last year's presidential campaign (91% negative).

Excerpt from Cyberalert, Media Research Center, March 2, 2017

Spring Forward

Don't forget Daylight Savings Time (DST) begins this month on Sunday, March 12th.



The Risk of "Springing Ahead"

Daylight Savings Time (DST) begins this month on Sunday, March 12th, and losing an hour can have health consequences. A recent study done in Finland and supported by the Finnish Cardiac Society, found that the risk of ischemic stroke was 8% higher in the first 2 days after the start of Daylight Savings Time and in people over the age of 65, the risk of stroke went up by 20%. (The risk of stroke is highest in the morning hours.) That one hour time difference appears to have a substantial impact on our circadian rhythms (body clock). The same study found that after the first 2 days, our bodies gradually adapt and the risk returns to normal.

Another earlier study, done at the University of Alabama, found a 10% increase in heart attacks on the Monday and Tuesday after springing ahead for Daylight Savings Time. To

fight the negative effects of DST, the National Sleep Foundation recommends sleeping later that Sunday morning and taking a nap that Sunday afternoon, on the weekend of the time change. If you live in the U.S., your only other option is to move to Arizona or Hawaii. They do not participate in Daylight Savings Time.

Excerpt from Med Notes, Issue 21, March/April 2017

Send A Postcard to President Donald Trump

On March 15th, Republican women across the country will mail Donald Trump a postcard that expresses our support of him. And we, in vast numbers, joining with supporters from all corners of the world, will overwhelm the man with our support and belief in him. We will show the media and the politicians we are standing with him.

And most importantly, we will bury the White House post office with complete support of our President - We are honored that he was willing to take on this job!

If each one of us - every supporter - writes even a single postcard and we put them all in the mail on the same day, March 15th...Well, you do the math!

NFRW, Capital Connection, March 6, 2017

We have made a note for you to print on page 5, sign on the line, fold in half and tape shut to send to President Trump. On March 15th mail to:

**President Donald J. Trump
The White House
1600 Pennsylvania Avenue NW
Washington, DC 20500**





Wednesday, March 15, 2017

Dear President Trump,

I join with Republican Women all across the country to express my gratitude and support for you.

People from all corners of the world believe in the goals you have set for yourself and our country.

The media and other politicians need to know that we stand by you and pray for your good health and safety!

Member
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Happy St. Patrick's Day!

May your blessings outnumber the Shamrocks that grow,
And may trouble avoid you wherever you go.

Gallagher opened the morning newspaper and was dumbfounded to read in the obituary column that he had died. He quickly phoned his best friend, Finney.

'Did you see the paper?' asked Gallagher. 'They say I died!!'

'Yes, I saw it!' replied Finney. 'Where are ye callin' from?'

May you always be blessed with walls for the wind, a roof for the rain, a warm cup of tea by the fire, laughter to cheer you, those you love near you, and all that your heart might desire.

It is easy to be pleasant when life flows by like a song, but the man worthwhile is the one who will smile when everything goes dead wrong. For the test of the heart is trouble. And it always comes with years. The smile that is worth the praises of earth, is the smile that shines through the tears.

May the road rise to meet you, may the wind be always at your back,
May the sun shine warm upon your face, may the rains fall soft upon your fields,
And until we meet again, may God hold you in the palm of his hand.

If you're lucky enough to be Irish, then you're lucky enough.



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